

North Coast Section - Redwood Empire

Results by: FORD TIMING

5/24/14 - 5/24/14

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Event # 1 GIRLS 4x100m Relay				FINAL
Heat 1				
3	Sir Francis Drake A	F	Sir Francis Drake	1:02.38
	1 Tyrnauer,Olivia		2 Gilbert,Samanth	
	3 Dillon,Megan		4 Michels,Savanna	
	5 Davis,Grace		6 Stander,Lili	
4	Healdsburg A	F	Healdsburg	54.13
	1 Carroll,Kaitlin		2 Nicastro,Bianca	
	3 Holden,Hannah		4 Tynan,Emma	
	5 Martinez,Eva		6 Nunez,Isabel	
5	Ukiah A	F	Ukiah	57.96
	1 Bray,Taylor		2 Rubio,Victoria	
	3 Brown,Naomi		4 Sakane,Luna	
	5 Jimenez,Sara		6	
Heat 2				
2	El Molino A	F	El Molino	53.85
	1 Crompton,Maia		2 Perez,Alandra	
	3 Nagel,Kelly		4 Shane,Jordan	
	5 Hendriksen,Dyla		6	
3	Marin Catholic A	F	Marin Catholic	52.98
	1 Anderson,Tiana		2 Suski,Alena	
	3 Henry,Tara		4 Fabiano,Daniell	
	5 Miramontes,Jane		6 Allen,Jordan	
4	Petaluma A	F	Petaluma	52.42
	1 Coen,Savanna		2 Williges,Katya	
	3 Abbott,Helena		4 Leoni,Camille	
	5 Lindsay,Nora		6 Lambert,Siena	
5	Santa Rosa A	F	Santa Rosa	52.45
	1 Hansen,Gina		2 Holland,Aimee	
	3 Cowden,Annabel		4 Sutton,Annette	
	5 Gack,Lily		6 Johnson,Dana	
6	Tamalpais Track and A	F	Tamalpais Track and	53.11
	1 Uriarte Sanders		2 Khan,Raqshan	
	3 Bi,Monica		4 Goeking,Kira	
	5 Hernandez,Fabi		6 Ferell,Naomi	
7	Del Norte A	F	Del Norte	53.88
	1 Critz,Maddie		2 Rowe,Rachel	
	3 Smedley,Maddiso		4 Costello,Kayla	
	5 Gonzalez,Guadal		6	

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Event # 1 GIRLS 4x100m Relay continued...

Heat 3

1	Casa Grande A	F	Casa Grande	52.10	_____
	1 Cubba,Molly		2 Gallo,Annie		
	3 Benjamin,Rebecca		4 Barlow,Hannah		
2	Sonoma Valley A	F	Sonoma Valley	51.65	_____
	1 Bacon,Devin		2 Goodman,Miranda		
	3 Ford-Monroe,Han		4 Miles,Kiara		
	5 Vanoni,Bridget		6 Garon,Isabel		
3	Maria Carrillo A	F	Maria Carrillo	50.71	_____
	1 Glaser,Amy		2 Rencken,Cami		
	3 Segraves,Macken		4 Perez,Yvette		
	5 Salas,Montse		6 DeLaTorre,Josce		
4	Windsor A	F	Windsor	49.91	_____
	1 Loyola,Leslie		2 Saleby,Giselle		
	3 Stewart,Alyssa		4 Kemper,Nicole		
	5 Common,Maddie		6		
5	Montgomery A	F	Montgomery	50.44	_____
	1 Lerdahl,Brittne		2 Smith,Margaret		
	3 McCullough,Erin		4 Orosz,Emma		
	5 Mollard,Tori		6		
6	Analy A	F	Analy	51.48	_____
	1 Norris,Nakia		2 Stasiowski,Shel		
	3 Norris,Aniaya		4 Stasiowski,Alis		
	5 Johnson,Kylie		6 Molony-Benjamin		
7	Eureka A	F	Eureka	51.89	_____
	1 Seely,Marie		2 Bruno,Megan		
	3 Purify,Bobbie		4 Nyborg,Kya		
	5 Seuga,Mickie		6		
8	Justin Siena A	F	Justin Siena	52.13	_____
	1 Prince,Dena		2 Williams,Symone		
	3 Jackson,Khiely		4 Brashear,Rachel		

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Event # 2 BOYS 4x100m Relay				FINAL
Heat 1				
3	Petaluma A	M	Petaluma	46.71
	1 Chavez,John		2 Saxton,Matt	
	3 Tomas,Dakota		4 Pearson,Ty	
	5 Fontano,Keith		6	
4	Eureka A	M	Eureka	46.45
	1 Smith,Henry		2 McClurg,Michael	
	3 Gallegos,Kjelle		4 Carson,Oscar	
	5 Lyons,Jacob		6 Wahlund,Jason	
5	Healdsburg A	M	Healdsburg	46.60
	1 Ramirez,Jonatha		2 Mandujano,Gusta	
	3 Alves,Jordan		4 Eberly,Lance	
	5 Alcala,Emmanuel		6 Rinn,Michael	
Heat 2				
1	El Molino A	M	El Molino	46.17
	1 Grajeda,Eric		2 McClintock,Trav	
	3 Garcia,Jacob		4 Gaspar,Lani	
	5 Ingrassia,Azur		6 Sturgeon,Michae	
2	Del Norte A	M	Del Norte	45.96
	1 Cain,Cameron		2 Evans,Jackson	
	3 Sathe,David		4 Aragones,Samuel	
	5 Bell,Chad		6	
3	San Marin A	M	San Marin	45.28
	1 Sbragia,Vince		2 Raymond,Conrad	
	3 Lee,Bruce		4 Widny,Joseph	
	5 Ferrigno,Eddie		6 Curiel,Ian	
4	Windsor A	M	Windsor	45.19
	1 Tavarres,Geddi		2 Whiting,Bryant	
	3 Straub,Hunter		4 Teshima,Jackson	
5	Tamalpais Track and A	M	Tamalpais Track and	45.22
	1 Karp,Kimo		2 Thomas,Zach	
	3 Yang,Colin		4 Janetos,Lucas	
	5 Morris,Nicholas		6 Siu,Orion	
6	McKinleyville A	M	McKinleyville	45.75
	1 Brummell,Jordan		2 Trice,Bennie	
	3 Witte,Travis		4 Yamagami,Jin	
	5 Hathcock,Aaron		6	
7	Piner A	M	Piner	46.09
	1 Carter,Isaiah		2 Wofford,Trevor	
	3 Luong,Brian		4 Garcia,Miguel	
	5 Soy,Cj		6 Roybal,Isaiah	

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Event # 2 BOYS 4x100m Relay continued...

Heat 3

1	Sir Francis Drake A	M	Sir Francis Drake	45.06	_____
	1 Campos, Yoel		2 Hallinan, Devon		
	3 Rodas, Juan		4 Runnan-Telle, Ar		
	5 Slaughter, Ian		6 Downey, Matt		
2	Santa Rosa A	M	Santa Rosa	44.70	_____
	1 Korsak, Mike		2 Ramirez, Devin		
	3 Morfin, Diego		4 Salinas, Adrin		
	5 Rollins, Sean		6 Cortright, Spenc		
3	Redwood A	M	Redwood	44.22	_____
	1 Haynes, Khari		2 Costa, Caique		
	3 Geitheim, Ziggy		4 Christopoulos, P		
	5 Lukianchikov, Ma		6 Alm, Blake		
4	Novato A	M	Novato	42.21	_____
	1 Hemphill, Jalen		2 Randel, Brandon		
	3 Hemphill, Kadeem		4 Corbin, Christia		
	5 Sumpter, Michael		6 Gibson, Max		
5	Rancho Cotate A	M	Rancho Cotate	43.74	_____
	1 Ross, Michael		2 Nicks, Cooper		
	3 Zinnerman, Justi		4 Morales, Juwan		
	5 Conteras, Jesus		6		
6	Analy A	M	Analy	44.48	_____
	1 Johnson, Kerr		2 Simmons, Ross		
	3 James, Ja'Narric		4 Vannetti, Kyle		
	5 Silva-Broussard		6 Torres, Bismark		
7	Fortuna A	M	Fortuna	45.03	_____
	1 Valasquez, Estab		2 Daly, Patrick		
	3 Plain, Major		4 Jorgensen, Josh		
	5 Wiegman, Ryan		6		
8	Cardinal Newman A	M	Cardinal Newman	45.13	_____
	1 Streb, Tommy		2 Booshard, Bryce		
	3 Neuerburg, Brad		4 Collins, Donnie		
	5 Sousa, Chad		6		

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Event # 3 GIRLS 1600m Run**FINAL**

Heat 1

1	Madison Parratt	10 F	Petaluma	5:33.06	___	_____
2	Lizzy Labeeuw-Anderso	9 F	Tamalpais Track and	5:33.30	___	_____
3	Emily Richter	10 F	Montgomery	5:33.76	___	_____
4	Sara Davis	11 F	Arcata	5:34.22	___	_____
5	Oliva Phillips	9 F	Tamalpais Track and	5:34.81	___	_____
6	Sophie Hospodar	9 F	Petaluma	5:37.25	___	_____
7	Ana Drake-Tripp	11 F	Healdsburg	5:40.19	___	_____
8	Vera Heidmann	12 F	Arcata	5:43.08	___	_____
9	Iona Mahony-Moyer	9 F	Arcata	5:43.55	___	_____
10	Ellen Keil	10 F	Arcata	5:52.54	___	_____
11	Stephanie Vajto	11 F	El Molino	6:06.46	___	_____
12	Sydney Saxon	11 F	El Molino	6:22.22	___	_____

Heat 2

1	Glennis Murphy	9 F	Redwood	5:09.17	___	_____
2	Morgin Coonfield	10 F	McKinleyville	5:10.03	___	_____
3	Michaela Barros	11 F	Fortuna	5:18.26	___	_____
4	Kate Miekley	9 F	Tamalpais Track and	5:18.57	___	_____
5	Delaney White	10 F	Santa Rosa	5:18.90	___	_____
6	Rachel Bordes	10 F	Redwood	5:20.00	___	_____
7	Shaz Breedlove	11 F	Maria Carrillo	5:22.52	___	_____
8	Erica Ruiz	12 F	Rancho Cotate	5:22.80	___	_____
9	Andrea Gonzalez	11 F	Casa Grande	5:23.45	___	_____
10	Maddy Libbey	10 F	Sonoma Valley	5:23.55	___	_____
11	Emma Moon	9 F	Casa Grande	5:23.85	___	_____
12	Annie Forgarty	9 F	Redwood	5:31.08	___	_____

Event # 4 BOYS 1600m Run**FINAL**

Heat 1

1	Jordan Scobey	10 M	Maria Carrillo	4:32.89	___	_____
2	Brady Lane	12 M	El Molino	4:33.44	___	_____
3	Brandon Kelsey	10 M	Arcata	4:36.37	___	_____
4	Kellen O'Neill	9 M	Arcata	4:36.42	___	_____
5	Isaac Cohen	11 M	Tamalpais Track and	4:37.77	___	_____
6	Liam Morris	11 M	Eureka	4:38.34	___	_____
7	Zach Bibeault	10 M	Terra Linda	4:41.40	___	_____
8	Edden Yashar	10 M	Petaluma	4:43.86	___	_____
9	Blake Delaney	10 M	San Rafael	4:47.53	___	_____
10	Michael Davis	10 M	McKinleyville	4:49.50	___	_____
11	Joe Rieder	9 M	McKinleyville	5:00.63	___	_____

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Event # 4 BOYS 1600m Run continued..

Heat 2

1	Nicholas Rauch	11 M	Casa Grande	4:22.75	___	_____
2	Dante Hay	12 M	Maria Carrillo	4:24.55	___	_____
3	Nassim Kabbara	11 M	San Rafael	4:24.69	___	_____
4	Matt Saunders	12 M	Sir Francis Drake	4:25.60	___	_____
5	Casey Kramer	12 M	Petaluma	4:26.08	___	_____
6	Zach Price	12 M	Windsor	4:27.53	___	_____
7	Sam Curtis	12 M	San Rafael	4:29.40	___	_____
8	Keegan Ginter	12 M	Sonoma Valley	4:29.93	___	_____
9	Eddie Mondragon	10 M	Healdsburg	4:30.46	___	_____
10	Zac West	11 M	Maria Carrillo	4:30.66	___	_____
11	Blake Jamar	12 M	Analy	4:31.47	___	_____
12	Luca Mazzanti	9 M	Santa Rosa	4:32.36	___	_____

Event # 5 GIRLS 100m Hurdles**FINAL**

Heat 1

1	Nora Lindsay	10 F	Petaluma	18.76	___	_____
2	Corina Gloor	12 F	McKinleyville	18.47	___	_____
3	Jordan Babich	11 F	Del Norte	18.32	___	_____
4	Naomi Ferell	9 F	Tamalpais Track and	18.02	___	_____
5	Emily Holt	9 F	Del Norte	18.30	___	_____
6	Jasmine Brown	11 F	Analy	18.40	___	_____
7	Alyssa Medeiros	12 F	Petaluma	18.74	___	_____
8	Kristen Poen	12 F	Redwood	18.83	___	_____

Heat 2

1	Olivia Tyrnauer	10 F	Sir Francis Drake	17.55	___	_____
2	Kaitlyn Clemann	12 F	Del Norte	17.15	___	_____
3	Kelsi Avana	10 F	Maria Carrillo	17.13	___	_____
4	Maddie Critz	10 F	Del Norte	17.10	___	_____
5	Elly Lundberg	10 F	Redwood	17.10	___	_____
6	Alexandra Dotti	12 F	Cardinal Newman	17.14	___	_____
7	Katya Williges	11 F	Petaluma	17.46	___	_____
8	Janet Miramontes	11 F	Marin Catholic	18.01	___	_____

Heat 3

1	Jackie VanDenburg	12 F	Maria Carrillo	16.92	___	_____
2	Molly Foster	12 F	Analy	16.61	___	_____
3	Sheena Blackwell	11 F	Piner	16.40	___	_____
4	Kayla Costello	11 F	Del Norte	16.02	___	_____
5	Brittney Kozenko	12 F	Santa Rosa	16.12	___	_____
6	Ariel Dunbar	10 F	San Marin	16.54	___	_____
7	Maddie Common	9 F	Windsor	16.69	___	_____
8	Tori Mollard	11 F	Montgomery	16.93	___	_____

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Event # 6 BOYS 110m High Hurdles**FINAL**

Heat 1

1	Bismark Torres	M	Analy	NT	_____
2	Ryan Waite	12 M	Del Norte	18.28	_____
3	Greg Arietta	12 M	Maria Carrillo	17.24	_____
4	Michael Rosner-Hyman	12 M	Terra Linda	17.05	_____
5	Hunter Straub	12 M	Windsor	17.08	_____
6	Aaron Hathcock	12 M	McKinleyville	17.36	_____
7	Azur Ingrassia	9 M	El Molino	21.54	_____

Heat 2

1	Gavin Lewis	12 M	Fortuna	16.91	_____
2	Cody Flechsig	12 M	San Marin	16.66	_____
3	Max Lukianchikov	10 M	Redwood	16.54	_____
4	Ryan Wiegman	10 M	Fortuna	16.24	_____
5	Victor De Los santos	10 M	Del Norte	16.39	_____
6	Aidan Kozel	11 M	Healdsburg	16.56	_____
7	Travis Witte	12 M	McKinleyville	16.69	_____
8	Kevin Cline	11 M	Cardinal Newman	17.03	_____

Heat 3

1	Ty Pearson	10 M	Petaluma	16.20	_____
2	Finnian Willard	12 M	Justin Siena	15.67	_____
3	Jalen Hemphill	12 M	Novato	14.91	_____
4	August Kiles	12 M	Tamalpais Track and	14.46	_____
5	Connor Celeri	12 M	Piner	14.81	_____
6	Geddi Tavarres	11 M	Windsor	15.54	_____
7	Dj Russell	12 M	Maria Carrillo	16.09	_____
8	Michael Horton	10 M	Santa Rosa	16.21	_____

Event # 7 GIRLS 400m Dash**FINAL**

Heat 1

1	Ashley Fattig	10 F	Del Norte	1:10.98	_____
2	Bridget VanOni	10 F	Sonoma Valley	1:06.49	_____
3	Elizabeth Uemura	9 F	Arcata	1:05.78	_____
4	Tara Henry	10 F	Marin Catholic	1:05.29	_____
5	Guadalupe Gonzalez	12 F	Del Norte	1:05.53	_____
6	Gabriela Jaurequi	F	Lower Lake	1:06.43	_____
7	Brianne Beronilla	9 F	Arcata	1:06.88	_____
8	Samantha Gonzales	9 F	Del Norte	1:11.53	_____

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Event # 7 GIRLS 400m Dash continued...

Heat 2

1	Brittney Lerdahl	12 F	Montgomery	1:04.55	___	_____
2	Helena Abbott	9 F	Petaluma	1:03.91	___	_____
3	Megan Dillon	11 F	Sir Francis Drake	1:03.14	___	_____
4	Aiyana Moya	12 F	Analy	1:02.76	___	_____
5	Julia Mosier	12 F	Maria Carrillo	1:03.13	___	_____
6	Audrey Smith	10 F	Redwood	1:03.22	___	_____
7	India Neville	12 F	Sir Francis Drake	1:04.28	___	_____
8	Sara Faust	9 F	Maria Carrillo	1:04.92	___	_____

Heat 3

1	Aimee Holland	10 F	Santa Rosa	1:02.07	___	_____
2	Margaret Smith	9 F	Montgomery	1:01.80	___	_____
3	Lili Stander	12 F	Sir Francis Drake	1:00.64	___	_____
4	Bianca Nicaastro	12 F	Healdsburg	1:00.04	___	_____
5	Nia Whitlock	10 F	Novato	1:00.26	___	_____
6	Molly Foster	12 F	Analy	1:01.13	___	_____
7	Daisjah Sheperd	10 F	Piner	1:01.85	___	_____
8	Katie Rivara	12 F	Windsor	1:02.50	___	_____

Event # 8 BOYS 400m Dash

FINAL

Heat 1

1	Jake Gibbs	11 M	Analy	55.28	___	_____
2	Joey Carroll	11 M	Windsor	54.53	___	_____
3	Brad Neuerburg	11 M	Cardinal Newman	54.36	___	_____
4	Ross Simmons	9 M	Analy	53.97	___	_____
5	David Sathe	12 M	Del Norte	54.26	___	_____
6	Estaban Valasquez	12 M	Fortuna	54.41	___	_____
7	Skyler Wrigley	12 M	Arcata	54.81	___	_____
8	Jonathan Ramirez	9 M	Healdsburg	55.69	___	_____

Heat 2

1	Henry Smith	11 M	Eureka	53.59	___	_____
2	Antonio Salath	10 M	Piner	53.05	___	_____
3	Warren Talcroft	9 M	Montgomery	52.84	___	_____
4	Emile Del Barrio	11 M	Terra Linda	52.70	___	_____
5	Conrad Raymond	9 M	San Marin	52.79	___	_____
6	Alan Friedman	10 M	Novato	52.91	___	_____
7	Oscar Carson	12 M	Eureka	53.34	___	_____
8	Logan Bailey	12 M	McKinleyville	53.72	___	_____

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Event # 8 BOYS 400m Dash continued...

Heat 3

1	Kevin Moe	11 M	Maria Carrillo	52.27	___	_____
2	Beau Brown	12 M	Ukiah	52.18	___	_____
3	Edwin Reyes	10 M	Sonoma Valley	50.95	___	_____
4	Joshua Gibson	11 M	Justin Siena	50.09	___	_____
5	Devon Hallinan	12 M	Sir Francis Drake	50.29	___	_____
6	Gabe Ghirann	11 M	Analy	52.14	___	_____
7	Lucas Janetos	12 M	Tamalpais Track and	52.26	___	_____
8	Sean Rollins	10 M	Santa Rosa	52.32	___	_____

Event # 9 GIRLS 100m Dash

FINAL

Heat 1

1	Savanna Coen	9 F	Petaluma	13.63	___	_____
2	Nakia Norris	10 F	Analy	13.53	___	_____
3	Marie Seely	9 F	Eureka	13.48	___	_____
4	Maddie Critz	10 F	Del Norte	13.41	___	_____
5	Alisen Stasiowski	11 F	Analy	13.43	___	_____
6	Tiana Anderson	9 F	Marin Catholic	13.49	___	_____
7	Symone Williams	11 F	Justin Siena	13.57	___	_____
8	Sekya Depee	11 F	McKinleyville	13.88	___	_____

Heat 2

1	Rachel Rowe	10 F	Del Norte	13.33	___	_____
2	Shelby Stasiowski	11 F	Analy	13.26	___	_____
3	Savannah Michels	12 F	Sir Francis Drake	13.18	___	_____
4	Kiara Miles	9 F	Sonoma Valley	12.98	___	_____
5	Franny Kiles	10 F	Tamalpais Track and	13.10	___	_____
6	Itzel Gonzalez	10 F	Piner	13.26	___	_____
7	Leslie Loyola	10 F	Windsor	13.27	___	_____
8	Yvette Perez	11 F	Maria Carrillo	13.39	___	_____

Heat 3

1	Kya Nyborg	12 F	Eureka	12.93	___	_____
2	Giselle Saleby	9 F	Windsor	12.81	___	_____
3	Samantha Gilbert	12 F	Sir Francis Drake	12.67	___	_____
4	Annette Sutton	12 F	Santa Rosa	12.51	___	_____
5	Ariel Dunbar	10 F	San Marin	12.60	___	_____
6	Emma Orosz	9 F	Montgomery	12.69	___	_____
7	Bobbie Purify	10 F	Eureka	12.89	___	_____
8	Nicole Kemper	12 F	Windsor	12.95	___	_____

Event # 10 BOYS 100m Dash

FINAL

Heat 1

3	Matt Saxton	12 M	Petaluma	12.43	___	_____
4	Jordan Brummell	12 M	McKinleyville	11.70	___	_____
5	Isaiah Carter	11 M	Piner	11.83	___	_____

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Event # 10 BOYS 100m Dash continued...

Heat 2

2	Gustavo Mandujano	11 M	Healdsburg	11.60	___	_____
3	Jin Yamagami	11 M	McKinleyville	11.52	___	_____
4	Caique Costa	11 M	Redwood	11.49	___	_____
5	Josh Jorgensen	12 M	Fortuna	11.49	___	_____
6	Isazah King	M	Lower Lake	11.57	___	_____
7	Samuel Aragonés	11 M	Del Norte	11.65	___	_____

Heat 3

1	Vince Sbragia	12 M	San Marin	11.44	___	_____
2	Michael Ross	11 M	Rancho Cotate	11.33	___	_____
3	Lani Gaspar	11 M	El Molino	11.33	___	_____
4	Bryce Booshard	12 M	Cardinal Newman	11.24	___	_____
5	Kerr Johnson	11 M	Analy	11.30	___	_____
6	Khari Haynes	12 M	Redwood	11.33	___	_____
7	Darian Galindo	12 M	Maria Carrillo	11.36	___	_____
8	Jackson Teshima	12 M	Windsor	11.44	___	_____

Heat 4

1	Justin Zinnerman	11 M	Rancho Cotate	11.12	___	_____
2	Christian Corbin	12 M	Novato	11.12	___	_____
3	Bennie Trice	12 M	McKinleyville	11.07	___	_____
4	Brandon Randel	12 M	Novato	10.94	___	_____
5	Hugh Pegan	12 M	Ukiah	10.97	___	_____
6	Kadeem Hemphill	12 M	Novato	11.11	___	_____
7	Kyle VanNetti	12 M	Analy	11.12	___	_____
8	Patrick Daly	12 M	Fortuna	11.22	___	_____

Event # 11 GIRLS 800m Run**FINAL**

Heat 1

1	Allegra Robertshaw	9 F	Windsor	2:32.31	___	_____
2	Liza Bernard	11 F	Petaluma	2:32.90	___	_____
3	Mayra Villa	12 F	Piner	2:32.93	___	_____
4	Hannah Duplesis	11 F	Fortuna	2:34.52	___	_____
5	Jessica O'Hanlon	11 F	Petaluma	2:34.78	___	_____
6	Mia Pambianco	10 F	McKinleyville	2:35.84	___	_____
7	Zoe Ziegler	11 F	Arcata	2:35.87	___	_____
8	Ellen Keil	10 F	Arcata	2:37.25	___	_____
9	Stephanie Vajto	11 F	El Molino	2:47.64	___	_____

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Event # 11 GIRLS 800m Run continued...

Heat 2

1	Ileana Moon	10 F	Casa Grande	2:23.22	___	_____
2	Michaela Barros	11 F	Fortuna	2:25.84	___	_____
3	Adriana Barich	10 F	Casa Grande	2:26.08	___	_____
4	Kate Miekley	9 F	Tamalpais Track and	2:26.65	___	_____
5	Raissa Boysen	11 F	Novato	2:27.64	___	_____
6	Shannon Palladino	11 F	Maria Carrillo	2:28.19	___	_____
7	Rachel Bordes	10 F	Redwood	2:28.42	___	_____
8	Brittany Lore	12 F	Maria Carrillo	2:28.70	___	_____
9	Khiely Jackson	10 F	Justin Siena	2:29.17	___	_____
10	Allie Ahern	10 F	Maria Carrillo	2:30.61	___	_____
11	Guadalupe Gonzalez	12 F	Del Norte	2:32.15	___	_____
12	Lizzy Labeeuw-Anderso	9 F	Tamalpais Track and	2:32.29	___	_____

Event # 12 BOYS 800m Run**FINAL**

Heat 1

1	Andrew Thomas	9 M	Redwood	2:03.29	___	_____
2	Brian Luong	10 M	Piner	2:03.30	___	_____
3	Jason Porzio	11 M	San Rafael	2:03.47	___	_____
4	Blake Alm	11 M	Redwood	2:03.56	___	_____
5	Aidan Carpenter	10 M	Piner	2:03.89	___	_____
6	John Milender	11 M	McKinleyville	2:04.73	___	_____
7	Nick Harris	9 M	Sir Francis Drake	2:04.99	___	_____
8	Michael Davis	10 M	McKinleyville	2:06.61	___	_____
9	Solomon Reinman	10 M	Arcata	2:06.62	___	_____
10	Austin Nolan	9 M	McKinleyville	2:06.91	___	_____
11	Graham Parker	12 M	Redwood	2:06.95	___	_____
12	Garrett Galea	9 M	Del Norte	2:18.36	___	_____

Heat 2

1	Dante Hay	12 M	Maria Carrillo	1:56.03	___	_____
2	Nicholas Rauch	11 M	Casa Grande	1:56.26	___	_____
3	Owen Ljung	12 M	Sonoma Valley	1:56.95	___	_____
4	Brody Barkan	11 M	Sir Francis Drake	1:59.68	___	_____
5	Eddie Mondragon	10 M	Healdsburg	2:00.10	___	_____
6	Zach Price	12 M	Windsor	2:00.14	___	_____
7	Cameron Long	12 M	Montgomery	2:00.57	___	_____
8	Jose Lopez	12 M	Arcata	2:00.99	___	_____
9	Carlos Barragan	12 M	Maria Carrillo	2:01.43	___	_____
10	Gabe Ghirann	11 M	Analy	2:02.11	___	_____
11	Casey Kramer	12 M	Petaluma	2:02.36	___	_____
12	Justin Thurman	11 M	Santa Rosa	2:02.86	___	_____

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Event # 13 GIRLS 300m Hurdles**FINAL**

Heat 1

1	Kristen Poen	12 F	Redwood	55.38	___	_____
2	Sandra De Leon mendoza	9 F	Del Norte	54.39	___	_____
3	Maia Crompton	9 F	El Molino	53.75	___	_____
4	Sarah Callahan	12 F	Marin Catholic	52.82	___	_____
5	Hannah Ford-Monroe	9 F	Sonoma Valley	53.64	___	_____
6	Corina Gloor	12 F	McKinleyville	53.89	___	_____
7	Eva Martinez	10 F	Healdsburg	55.13	___	_____
8	Emily Holt	9 F	Del Norte	55.77	___	_____

Heat 2

1	Kaitlyn Clemann	12 F	Del Norte	51.62	___	_____
2	Bianca Llamas	12 F	Justin Siena	51.26	___	_____
3	Molly Foster	12 F	Analy	49.81	___	_____
4	Amy Kohlbrenner	9 F	Sir Francis Drake	49.49	___	_____
5	Audrey Stalcup	9 F	Montgomery	49.73	___	_____
6	Jackie VanDenburg	12 F	Maria Carrillo	49.88	___	_____
7	Erin O'Conner	9 F	Redwood	51.50	___	_____
8	Nora Lindsay	10 F	Petaluma	52.40	___	_____

Heat 3

1	Elly Lundberg	10 F	Redwood	49.26	___	_____
2	Tori Mollard	11 F	Montgomery	47.23	___	_____
3	MacKenzie Segraves	12 F	Maria Carrillo	46.77	___	_____
4	Kayla Costello	11 F	Del Norte	46.15	___	_____
5	Lauren McCoy	12 F	Arcata	46.31	___	_____
6	Cami Rencken	12 F	Maria Carrillo	47.18	___	_____
7	Sheena Blackwell	11 F	Piner	48.40	___	_____
8	Stephanie Fernandez	11 F	Montgomery	49.35	___	_____

Event # 14 BOYS 300m Hurdles**FINAL**

Heat 1

1	Gavin Lewis	12 M	Fortuna	45.47	___	_____
2	Jake Gibbs	11 M	Analy	45.19	___	_____
3	Cole Halley	10 M	Fortuna	44.82	___	_____
4	Colin Yang	JR M	Tamalpais Track and	44.49	___	_____
5	Aaron Lu	10 M	Casa Grande	44.61	___	_____
6	Caique Costa	11 M	Redwood	45.02	___	_____
7	Aaron Hathcock	12 M	McKinleyville	45.29	___	_____
8	Ryan Waite	12 M	Del Norte	45.49	___	_____

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Event # 14 BOYS 300m Hurdles continued...

Heat 2

1	Aidan Kozel	11 M	Healdsburg	43.99	___	_____
2	Greg Arietta	12 M	Maria Carrillo	43.75	___	_____
3	Jake Wolski	M	Maria Carrillo	43.26	___	_____
4	Trevor Wofford	10 M	Piner	43.06	___	_____
5	Hunter Straub	12 M	Windsor	43.12	___	_____
6	Ariel Boysen	10 M	Terra Linda	43.56	___	_____
7	Max Herrerias	9 M	Novato	43.81	___	_____
8	Ryan Douglass	11 M	Analy	44.27	___	_____

Heat 3

1	Victor De Los santos	10 M	Del Norte	43.02	___	_____
2	Miguel Garcia	11 M	Piner	42.96	___	_____
3	Jalen Hemphill	12 M	Novato	40.44	___	_____
4	Alex Netherda	11 M	Maria Carrillo	39.11	___	_____
5	Ty Pearson	10 M	Petaluma	40.39	___	_____
6	Travis Witte	12 M	McKinleyville	42.78	___	_____
7	Dj Russell	12 M	Maria Carrillo	43.01	___	_____
8	Max Lukianchikov	10 M	Redwood	43.04	___	_____

Event # 15 GIRLS 200m Dash

FINAL

Heat 1

2	Camille Leoni	9 F	Petaluma	28.35	___	_____
3	Marie Seely	9 F	Eureka	28.20	___	_____
4	Raqshan Khan	9 F	Tamalpais Track and	27.93	___	_____
5	Maddie Critz	10 F	Del Norte	28.11	___	_____
6	Maddison Smedley	9 F	Del Norte	28.33	___	_____
7	Sekya Depee	11 F	McKinleyville	28.95	___	_____

Heat 2

1	Nakia Norris	10 F	Analy	27.77	___	_____
2	Franny Kiles	10 F	Tamalpais Track and	27.37	___	_____
3	Hannah Barlow	10 F	Casa Grande	27.05	___	_____
4	Bianca Nicastro	12 F	Healdsburg	26.91	___	_____
5	Nicole Kemper	12 F	Windsor	26.97	___	_____
6	Maddie Common	9 F	Windsor	27.16	___	_____
7	Dena Prince	10 F	Justin Siena	27.71	___	_____
8	Alisen Stasiowski	11 F	Analy	27.77	___	_____

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Event # 15 GIRLS 200m Dash continued...

Heat 3

1	Nia Whitlock	10 F	Novato	26.81	___	_____
2	Giselle Saleby	9 F	Windsor	26.52	___	_____
3	Annette Sutton	12 F	Santa Rosa	26.25	___	_____
4	Emma Orosz	9 F	Montgomery	25.86	___	_____
5	Ariel Dunbar	10 F	San Marin	26.13	___	_____
6	Samantha Gilbert	12 F	Sir Francis Drake	26.41	___	_____
7	Kya Nyborg	12 F	Eureka	26.66	___	_____
8	Kiara Miles	9 F	Sonoma Valley	26.86	___	_____

Event # 16 BOYS 200m Dash**FINAL**

Heat 1

3	Jonathan Ramirez	9 M	Healdsburg	24.74	___	_____
4	Cameron Cain	10 M	Del Norte	24.30	___	_____
5	Jin Yamagami	11 M	McKinleyville	24.42	___	_____

Heat 2

2	Logan Bailey	12 M	McKinleyville	23.99	___	_____
3	Edwin Reyes	10 M	Sonoma Valley	23.51	___	_____
4	Jackson Teshima	12 M	Windsor	23.42	___	_____
5	Beau Brown	12 M	Ukiah	23.43	___	_____
6	Oscar Carson	12 M	Eureka	23.67	___	_____
7	Gustavo Mandujano	11 M	Healdsburg	23.99	___	_____

Heat 3

1	Kerr Johnson	11 M	Analy	23.25	___	_____
2	Vince Sbragia	12 M	San Marin	23.09	___	_____
3	Lani Gaspar	11 M	El Molino	22.90	___	_____
4	Justin Zinnerman	11 M	Rancho Cotate	22.88	___	_____
5	Bryce Booshard	12 M	Cardinal Newman	22.89	___	_____
6	Isazah King	M	Lower Lake	23.09	___	_____
7	Tommy Streb	11 M	Cardinal Newman	23.21	___	_____
8	Darius Peterson	10 M	Marin Catholic	23.26	___	_____

Heat 4

1	Alan Friedman	10 M	Novato	22.70	___	_____
2	Patrick Daly	12 M	Fortuna	22.53	___	_____
3	Brandon Randel	12 M	Novato	22.28	___	_____
4	Hugh Pegan	12 M	Ukiah	22.16	___	_____
5	Christian Corbin	12 M	Novato	22.18	___	_____
6	Kyle VanNetti	12 M	Analy	22.44	___	_____
7	Bennie Trice	12 M	McKinleyville	22.65	___	_____
8	Khari Haynes	12 M	Redwood	22.75	___	_____

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Event # 17 GIRLS 3200m Run**FINAL**

Heat 1

1	Morgin Coonfield	10 F	McKinleyville	11:09.97	___	_____
2	Mary Monda Oewell	11 F	Redwood	11:30.86	___	_____
3	Glennis Murphy	9 F	Redwood	11:36.26	___	_____
4	Sophia Noto	11 F	Sir Francis Drake	11:36.37	___	_____
5	Delaney White	10 F	Santa Rosa	11:40.53	___	_____
6	Chloe Pigg	10 F	Arcata	11:41.98	___	_____
7	Erica Ruiz	12 F	Rancho Cotate	11:43.49	___	_____
8	Megan Bartschat	9 F	Tamalpais Track and	11:49.44	___	_____
9	Shaz Breedlove	11 F	Maria Carrillo	11:52.46	___	_____
10	Andrea Gonzalez	11 F	Casa Grande	11:52.71	___	_____
11	Michelle Bollinger	12 F	San Marin	11:53.94	___	_____
12	Sophia Mahoney	12 F	Maria Carrillo	11:55.43	___	_____
13	Saskia Van Ommeren-egb	10 F	Casa Grande	11:56.51	___	_____
14	Sara Davis	11 F	Arcata	11:56.61	___	_____
15	Maddy Libbey	10 F	Sonoma Valley	11:58.49	___	_____
16	Madison Parratt	10 F	Petaluma	12:07.97	___	_____
17	Paloma Romero	12 F	Piner	12:10.24	___	_____
18	Iona Mahony-Moyer	9 F	Arcata	12:25.46	___	_____
19	Maddie Gebbie	11 F	San Rafael	12:29.80	___	_____
20	Sophie Hospodar	9 F	Petaluma	12:47.26	___	_____
21	Ana Drake-Tripp	11 F	Healdsburg	12:47.35	___	_____
22	Mya Alves	9 F	McKinleyville	13:03.88	___	_____

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Event # 18 BOYS 3200m Run**FINAL**

Heat 1

1	Fred Huxham	12 M	Redwood	9:30.45	___	_____
2	Ryan Anderson	12 M	Maria Carrillo	9:31.55	___	_____
3	Brian Schultz	9 M	El Molino	9:32.33	___	_____
4	Efren Reyes	12 M	Piner	9:38.72	___	_____
5	Mathew Salazar	10 M	Casa Grande	9:45.05	___	_____
6	Nassim Kabbara	11 M	San Rafael	9:45.12	___	_____
7	Luis Espino	12 M	Justin Siena	9:46.80	___	_____
8	Andy Ehrenberg	10 M	Redwood	9:54.59	___	_____
9	Daniel Pride	9 M	Santa Rosa	9:59.81	___	_____
10	Brandon Kelsey	10 M	Arcata	10:00.61	___	_____
11	Jordan Scobey	10 M	Maria Carrillo	10:04.33	___	_____
12	Sam Curtis	12 M	San Rafael	10:05.59	___	_____
13	Coll Schwartz	12 M	Sir Francis Drake	10:07.01	___	_____
14	Kellen O'Neill	9 M	Arcata	10:08.97	___	_____
15	Zachary Nussdorfer	11 M	Casa Grande	10:10.07	___	_____
16	David Eik	11 M	Maria Carrillo	10:28.24	___	_____
17	Jonathan Lopez	12 M	Piner	10:29.80	___	_____
18	Liam Morris	11 M	Eureka	10:30.08	___	_____
19	Dante Capone	11 M	Analy	10:31.87	___	_____
20	Joe Rieder	9 M	McKinleyville	10:40.14	___	_____
21	Kyle Fairbanks	10 M	Fortuna	10:42.97	___	_____
22	Connor Trump	10 M	McKinleyville	10:44.54	___	_____
23	Jacob Hayes	10 M	Piner	10:53.36	___	_____
24	Blake Jamar	12 M	Analy	11:20.37	___	_____

Event # 19 GIRLS 4x400m Relay**FINAL**

Heat 1

3	Ukiah A	F	Ukiah	4:35.70	___	_____
	1 Bray,Taylor		2 Rubio,Victoria			
	3 Brown,Naomi		4 Sakane,Luna			
	5 Jimenez,Sara		6 Wong,Katherine			
4	Sonoma Valley A	F	Sonoma Valley	4:31.06	___	_____
	1 Bacon,Devin		2 Vanoni,Bridget			
	3 Ford-Monroe,Han		4 Goodman,Miranda			
	5 Miles,Kiara		6			
5	El Molino A	F	El Molino	4:34.85	___	_____
	1 Crompton,Maia		2 Shane,Jordan			
	3 Perez,Alandra		4 Nagel,Kelly			
	5 Hendriksen,Dyla		6 Saxon,Sydney			
6	Justin Siena A	F	Justin Siena	4:48.00	___	_____
	1 Llamas,Bianca		2 Prince,Dena			
	3 Kivela,Ariel		4 Jackson,Khiely			
	5 England,Ryann		6			

North Coast Section - Redwood Empire

Results by: FORD TIMING

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Event # 19 GIRLS 4x400m Relay continued...

Heat 2

1	Del Norte A	F	Del Norte	4:28.99	___	_____
	1 De leon mendoza		2 Smedley,Maddiso			
	3 Clemann,Kaitlyn		4 Gonzalez,Guadal			
2	Marin Catholic A	F	Marin Catholic	4:26.10	___	_____
	1 Henry,Tara		2 Callahan,Sarah			
	3 Wang,Elyse		4 Allen,Jordan			
	5 Suski,Alena		6 Falco,Olivia			
3	Petaluma A	F	Petaluma	4:25.65	___	_____
	1 Coen,Savanna		2 Bernard,Liza			
	3 O'Hanlon,Jessic		4 Abbott,Helena			
	5 Lindsay,Nora		6 Parratt,Madison			
4	Arcata A	F	Arcata	4:21.23	___	_____
	1 Beronilla,Brian		2 Keil,Ellen			
	3 Earle-Rouse,El		4 McCoy,Lauren			
5	Casa Grande A	F	Casa Grande	4:23.47	___	_____
	1 Cubba,Molly		2 Barich,Adriana			
	3 Moon,Ileana		4 Benjamin,Rebecc			
	5 Falk,Hailey		6 Moon,Emma			
6	Healdsburg A	F	Healdsburg	4:25.91	___	_____
	1 Holden,Hannah		2 Nicastro,Bianca			
	3 Tynan,Emma		4 Martinez,Eva			
	5 Unti,Millie		6 Schaffner,McKen			
7	Novato A	F	Novato	4:27.39	___	_____
	1 Pavone,Haley		2 Constantin,Char			
	3 Boysen,Raissa		4 Whitlock,Nia			
8	Santa Rosa A	F	Santa Rosa	4:30.33	___	_____
	1 Olvera,Irma		2 Holland,Aimee			
	3 Sutton,Annette		4 Gack,Lily			
	5 Johnson,Dana		6 White,Delaney			

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Event # 19 GIRLS 4x400m Relay continued...

Heat 3

1	Analy A	F	Analy	4:18.96	_____
	1 Moya,Aiyana		2 Norris,Nakia		
	3 Norris,Aniaya		4 Foster,Molly		
	5 Stasiowski,Alis		6 Stasiowski,Shel		
2	Piner A	F	Piner	4:15.35	_____
	1 Gonzalez,Itzel		2 Sheperd,Daisjah		
	3 Villa,Mayra		4 Blackwell,Sheen		
	5 Rivas,Jessenya		6 Ouk,Molika		
3	Montgomery A	F	Montgomery	4:10.67	_____
	1 Lerdahl,Brittne		2 Smith,Margaret		
	3 McCullough,Erin		4 Mollard,Tori		
	5 Stalcup,Audrey		6 Fernandez,Steph		
4	Maria Carrillo A	F	Maria Carrillo	4:09.78	_____
	1 Glaser,Amy		2 Segraves,Macken		
	3 Rencken,Cami		4 Palladino,Shann		
	5 Faust,Sara		6 Lore,Brittany		
5	Sir Francis Drake A	F	Sir Francis Drake	4:10.58	_____
	1 Neville,India		2 Gilbert,Samanth		
	3 Dillon,Megan		4 Stander,Lili		
	5 Kohlbrenner,Amy		6 Wearing,Katy		
6	Tamalpais Track and A	F	Tamalpais Track and	4:14.09	_____
	1 Bi,Monica		2 Mitchell,Nell		
	3 Kiles,Franny		4 Miekley,Kate		
	5 Khan,Raqshan		6 Uriarte Sanders		
7	Redwood A	F	Redwood	4:18.22	_____
	1 Bordes,Rachel		2 Forgarty,Annie		
	3 Smith,Audrey		4 Rapoff,Kate		
	5 O'Conner,Erin		6 Hendrickson,Lin		
8	Windsor A	F	Windsor	4:19.84	_____
	1 Robertshaw,Alle		2 Rooney,Alex		
	3 Rivara,Katie		4 Common,Maddie		

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Event # 20 BOYS 4x400m Relay				FINAL
Heat 1				
3	Casa Grande A	M	Casa Grande	3:44.13 ____
	1 Daito,Aki		2 Rauch,Nicholas	
	3 Harwood,Adam		4 Esponda,Zachery	
4	Terra Linda A	M	Terra Linda	3:41.83 ____
	1 Turmunkh,Temuji		2 Krizek,Matyas	
	3 DeMore,Nick		4 Del Barrio,Emil	
	5 Rosner-Hyman,Mi		6 Nguyen,Brandon	
5	Petaluma A	M	Petaluma	3:43.92 ____
	1 Pearson,Ty		2 Chavez,John	
	3 Yashar,Edden		4 Kramer,Casey	
	5 Sarabia,Gabe		6 Tomas,Dakota	
6	McKinleyville A	M	McKinleyville	3:52.03 ____
	1 Bailey,Logan		2 Hathcock,Aaron	
	3 Davis,Michael		4 Witte,Travis	
	5 Montgomery,Jess		6	

North Coast Section - Redwood Empire

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Event # 20 BOYS 4x400m Relay continued...

Heat 2

1	Eureka A	M	Eureka	3:41.65	_____
	1 Smith, Henry		2 Wahlund, Jason		
	3 Gallegos, Kjelle		4 Carson, Oscar		
	5 Lyons, Jacob		6 Morris, Liam		
2	San Marin A	M	San Marin	3:39.07	_____
	1 Beach, David		2 Sbragia, Vince		
	3 Curiel, Ian		4 Raymond, Conrad		
	5 Tooley, Wyatt		6		
3	Tamalpais Track and A	M	Tamalpais Track and	3:37.90	_____
	1 Yang, Colin		2 Thomas, Zach		
	3 Moore, Chip		4 Janetos, Lucas		
	5 Kiles, August		6 Siu, Orion		
4	Cardinal Newman A	M	Cardinal Newman	3:34.88	_____
	1 Streb, Tommy		2 Booshard, Bryce		
	3 Neuerburg, Brad		4 Collins, Donnie		
	5 Sousa, Chad		6		
5	Redwood A	M	Redwood	3:34.95	_____
	1 Alm, Blake		2 Thomas, Andrew		
	3 Haynes, Khari		4 Christopoulos, P		
	5 Parker, Graham		6 Cooney, Jackson		
6	Arcata A	M	Arcata	3:38.71	_____
	1 Wrigley, Max		2 Wrigley, Skyler		
	3 Yeoman, Alex		4 Lopez, Jose		
7	Analy A	M	Analy	3:40.34	_____
	1 Gibbs, Jake		2 Saitone, Zachary		
	3 Simmons, Ross		4 Ghirann, Gabe		
	5 Jamar, Blake		6 Hamik, Samuel		
8	Del Norte A	M	Del Norte	3:41.68	_____
	1 Cain, Cameron		2 Leal, Omar		
	3 Sathe, David		4 De los Santos, V		
	5 Galea, Garrett		6		

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Event # 20 BOYS 4x400m Relay continued...

Heat 3

1	Sonoma Valley A	M	Sonoma Valley	3:33.38	___	_____
	1 Ljung,Owen		2 Floerke,Max			
	3 Ginter,Keegan		4 Reyes,Edwin			
	5 Bailey,Austin		6 Sloop,Ian			
2	Piner A	M	Piner	3:31.55	___	_____
	1 Salath,Antonio		2 Wofford,Trevor			
	3 Luong,Brian		4 Garcia,Miguel			
	5 Soy,Cj		6 Carpenter,Aidan			
3	Novato A	M	Novato	3:29.20	___	_____
	1 Randel,Brandon		2 Friedman,Alan			
	3 Friedman,Ryan		4 Hemphill,Jalen			
	5 Johnson,Drake		6			
4	Maria Carrillo A	M	Maria Carrillo	3:24.89	___	_____
	1 Barragan,Carlos		2 Moe,Kevin			
	3 Netherda,Alex		4 Hay,Dante			
	5 Rosado,Jordan		6 Kemp,Andrew			
5	Montgomery A	M	Montgomery	3:28.93	___	_____
	1 Talcroft,Warren		2 Friday,Christia			
	3 Dethlefsen,John		4 Long,Cameron			
	5 Lane,Jacob		6			
6	Sir Francis Drake A	M	Sir Francis Drake	3:29.55	___	_____
	1 Runnan-Telle,Ar		2 Barkan,Brody			
	3 Rodas,Juan		4 Hallinan,Devon			
	5 Harris,Nick		6 Slaughter,Ian			
7	Santa Rosa A	M	Santa Rosa	3:31.97	___	_____
	1 Rollins,Sean		2 Pinomaki,Robbie			
	3 Salinas,Adrin		4 Thurman,Justin			
	5 Rome,Dustin		6 Mazzanti,Luca			
8	Healdsburg A	M	Healdsburg	3:33.43	___	_____
	1 Alves,Jordan		2 Mandujano,Gusta			
	3 Mondragon,Eddie		4 Kozel,Aidan			
	5 Ramirez,Jonatha		6 Alcala,Emmanuel			

North Coast Section - Redwood Empire

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Event # 21 GIRLS High Jump**FINAL**

Flight 1

1	Ellie Earle-Rouse	10 F	Arcata	5'04.00"	___	_____
2	Morgan Bertsch	12 F	Santa Rosa	5'02.00"	___	_____
3	Elly Lundberg	10 F	Redwood	5'02.00"	___	_____
4	Kelli Fitzpatrick	12 F	Windsor	5'00.00"	___	_____
5	Emma Orosz	9 F	Montgomery	5'00.00"	___	_____
6	Rebecca Plattus	10 F	Maria Carrillo	5'00.00"	___	_____
7	Eva King	12 F	Casa Grande	4'10.00"	___	_____
8	Siena Lambert	9 F	Petaluma	4'10.00"	___	_____
9	Chloe Lannes	10 F	San Rafael	4'10.00"	___	_____
10	Dena Prince	10 F	Justin Siena	4'10.00"	___	_____
11	Bobbie Purify	10 F	Eureka	4'10.00"	___	_____
12	Allegra Vonarx	12 F	Santa Rosa	4'10.00"	___	_____
13	Katya Williges	11 F	Petaluma	4'10.00"	___	_____
14	Kaitlyn Clemann	12 F	Del Norte	4'08.00"	___	_____
15	Sachi Spaulding	12 F	Sonoma Valley	4'08.00"	___	_____
16	Isabel Wright	9 F	Tamalpais Track and	4'08.00"	___	_____
17	Jordan Babich	11 F	Del Norte	4'06.00"	___	_____
18	Morgan Giraud	11 F	Petaluma	4'06.00"	___	_____
19	Mattie Hassett	11 F	San Rafael	4'06.00"	___	_____
20	Lauren Keegan	10 F	Analy	4'06.00"	___	_____
21	Lauren Raith	9 F	Sir Francis Drake	4'06.00"	___	_____
22	Corina Gloor	12 F	McKinleyville	4'02.00"	___	_____

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Event # 22 BOYS High Jump**FINAL**

Flight 1

1	Justin Zimmerman	11 M	Rancho Cotate	6'08.00"	___	_____
2	Casey Thornton	12 M	Maria Carrillo	6'04.00"	___	_____
3	Dean Anderson	12 M	Montgomery	6'00.00"	___	_____
4	Ryan Wiegman	10 M	Fortuna	6'00.00"	___	_____
5	Kearman Clark	10 M	Sir Francis Drake	5'10.00"	___	_____
6	Jackson Cooney	12 M	Redwood	5'10.00"	___	_____
7	Cody Flechsig	12 M	San Marin	5'10.00"	___	_____
8	Chaz Highfill	11 M	Rancho Cotate	5'10.00"	___	_____
9	Max Lukianchikov	10 M	Redwood	5'10.00"	___	_____
10	Hunter Straub	12 M	Windsor	5'10.00"	___	_____
11	Tim Balder	11 M	Justin Siena	5'08.00"	___	_____
12	Chad Bell	11 M	Del Norte	5'08.00"	___	_____
13	Travis McClintock	12 M	El Molino	5'08.00"	___	_____
14	Andrew Szot	11 M	San Rafael	5'08.00"	___	_____
15	Owen Welch	11 M	Maria Carrillo	5'07.00"	___	_____
16	Lance Eberly	11 M	Healdsburg	5'06.00"	___	_____
17	Jevin Kitchen	9 M	Fortuna	5'06.00"	___	_____
18	David Sathe	12 M	Del Norte	5'06.00"	___	_____
19	Ian Sloop	11 M	Sonoma Valley	5'06.00"	___	_____
20	Keith Fontano	11 M	Petaluma	5'02.00"	___	_____
21	Robert Krist	10 M	Petaluma	5'00.00"	___	_____

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Results by: FORD TIMING

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Event # 23 GIRLS Pole Vault**FINAL**

Flight 1

1	Veronica Champine	12 F	Terra Linda	10'09.00"	___	_____
2	Carissa Madson	12 F	Novato	10'09.00"	___	_____
3	Isabella De Bruin	10 F	Justin Siena	10'06.00"	___	_____
4	Natalie Avellar	12 F	Justin Siena	10'00.00"	___	_____
5	Natalie Gilmore	11 F	Petaluma	10'00.00"	___	_____
6	Rachel Barnett	10 F	Novato	9'06.00"	___	_____
7	Isabel Garon	10 F	Sonoma Valley	9'06.00"	___	_____
8	Savannah Michels	12 F	Sir Francis Drake	9'06.00"	___	_____
9	Jordan Coddling	12 F	Santa Rosa	9'04.00"	___	_____
10	Kayla Costello	11 F	Del Norte	9'00.00"	___	_____
11	Ellie Earle-Rouse	10 F	Arcata	9'00.00"	___	_____
12	Caitlin Clarke	10 F	Casa Grande	8'02.00"	___	_____
13	Sara Catching	10 F	Santa Rosa	7'06.00"	___	_____
14	Diana Contreras	10 F	Santa Rosa	7'06.00"	___	_____
15	Marisa Gloor	10 F	McKinleyville	7'06.00"	___	_____
16	Lynnea Palecki	11 F	Fortuna	7'06.00"	___	_____
17	Audrey Stalcup	9 F	Montgomery	7'06.00"	___	_____
18	Katya Williges	11 F	Petaluma	7'06.00"	___	_____
19	Sydney Saxon	11 F	El Molino	7'00.00"	___	_____
20	Kelly Nagel	11 F	El Molino	6'06.00"	___	_____
21	Dylan Hendriksen	10 F	El Molino	6'00.00"	___	_____
22	Zoe Ziegler	11 F	Arcata	6'00.00"	___	_____

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Event # 24 BOYS Pole Vault**FINAL**

Flight 1

1	August Kiles	12 M	Tamalpais Track and	15'08.00"	___	_____
2	Jackson Cooney	12 M	Redwood	13'00.00"	___	_____
3	Edgar Irizarry	11 M	Casa Grande	13'00.00"	___	_____
4	Kotval Alex	12 M	Windsor	12'06.00"	___	_____
5	Paul Halton	12 M	Santa Rosa	12'06.00"	___	_____
6	Luca Sullivan	11 M	Marin Catholic	12'06.00"	___	_____
7	Ian Bowyer	12 M	Marin Catholic	12'00.00"	___	_____
8	Ryan Douglass	11 M	Analy	12'00.00"	___	_____
9	Noah Frey	12 M	Novato	12'00.00"	___	_____
10	Dan Curren	11 M	Petaluma	11'06.00"	___	_____
11	Jackson Evans	12 M	Del Norte	11'06.00"	___	_____
12	Dante Nichelini	12 M	Marin Catholic	11'06.00"	___	_____
13	Jonathon Martinez	11 M	Del Norte	11'00.00"	___	_____
14	Jesse Montgomery	12 M	McKinleyville	11'00.00"	___	_____
15	Devin Ramirez	12 M	Santa Rosa	11'00.00"	___	_____
16	Brandon Weiser	11 M	Del Norte	11'00.00"	___	_____
17	Ben Amarantes	12 M	Sonoma Valley	10'06.00"	___	_____
18	Robin Bonn	11 M	Arcata	10'06.00"	___	_____
19	Lance Eberly	11 M	Healdsburg	10'06.00"	___	_____
20	Michael Horton	10 M	Santa Rosa	10'06.00"	___	_____
21	Brandon Potts	11 M	Windsor	10'00.00"	___	_____
22	Ian Sloop	11 M	Sonoma Valley	9'06.00"	___	_____
23	Jacob Garcia	11 M	El Molino	8'06.00"	___	_____
24	Daniel Standring	M	Del Norte	NM	___	_____

Event # 25 GIRLS Long Jump**FINAL**

Flight 1

1	Jordan Babich	11 F	Del Norte	13'04.75"	___	_____
2	Jasmine Brown	11 F	Analy	13'07.00"	___	_____
3	Nakia Roland	10 F	Eureka	13'07.75"	___	_____
4	Shauna Naffah	10 F	Del Norte	14'00.00"	___	_____
5	Rachel Rowe	10 F	Del Norte	14'02.50"	___	_____
6	Rickyah McGrady	9 F	Fortuna	14'02.50"	___	_____
7	Itzel Gonzalez	10 F	Piner	14'04.50"	___	_____
8	Eva King	12 F	Casa Grande	14'05.00"	___	_____

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Event # 25 GIRLS Long Jump continued...

Flight 2

1	Isabel Garon	10 F	Sonoma Valley	14'05.00"	___	_____
2	Jocelyn Mobley	11 F	Analy	14'08.50"	___	_____
3	Meili Bartholome	12 F	Montgomery	14'10.25"	___	_____
4	Kelli Fitzpatrick	12 F	Windsor	15'01.75"	___	_____
5	Alyssa Stewart	10 F	Windsor	15'02.00"	___	_____
6	Shelby Stasiowski	11 F	Analy	15'02.00"	___	_____
7	Danielle Thompson	12 F	Novato	15'04.00"	___	_____
8	Camille Leoni	9 F	Petaluma	15'04.00"	___	_____

Flight 3

1	Bobbie Purify	10 F	Eureka	15'06.00"	___	_____
2	Amy Glaser	11 F	Maria Carrillo	15'07.75"	___	_____
3	Olivia Tyrnauer	10 F	Sir Francis Drake	15'08.00"	___	_____
4	Isabel Jennings	11 F	Justin Siena	15'08.00"	___	_____
5	Maddie Common	9 F	Windsor	15'08.00"	___	_____
6	Franny Kiles	10 F	Tamalpais Track and	16'02.50"	___	_____
7	Elly Lundberg	10 F	Redwood	16'03.00"	___	_____
8	Lindsay Hendrickson	12 F	Redwood	17'00.50"	___	_____

Event # 26 BOYS Long Jump

FINAL

Flight 1

1	Matt Saxton	12 M	Petaluma	16'07.50"	___	_____
2	Kale Ross	10 M	Fortuna	17'04.25"	___	_____
3	Isaiah Carter	11 M	Piner	18'01.50"	___	_____
4	Josh Jorgensen	12 M	Fortuna	18'04.00"	___	_____
5	Samuel Aragones	11 M	Del Norte	18'06.25"	___	_____
6	Ja'Narrick James	11 M	Analy	18'07.25"	___	_____
7	Kevin Benson	12 M	Montgomery	18'11.25"	___	_____
8	Antonio Salath	10 M	Piner	19'01.50"	___	_____

Flight 2

1	Diego Morfin	12 M	Santa Rosa	19'03.25"	___	_____
2	Geddi Tavarres	11 M	Windsor	19'05.00"	___	_____
3	Chad Bell	11 M	Del Norte	19'05.25"	___	_____
4	Tyler Lewis	12 M	Windsor	19'06.00"	___	_____
5	Joel Moens	12 M	Windsor	19'08.50"	___	_____
6	Darius Peterson	10 M	Marin Catholic	19'08.75"	___	_____
7	Brendan Cardey	12 M	Justin Siena	19'10.00"	___	_____
8	Brandon Weiser	11 M	Del Norte	20'00.00"	___	_____

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Event # 26 BOYS Long Jump continued...

Flight 3

1	Major Plain	11 M	Fortuna	20'00.50"	___	_____
2	Mike Korsak	11 M	Santa Rosa	20'01.00"	___	_____
3	Isaiah Roybal	12 M	Piner	20'04.50"	___	_____
4	Kimo Karp	10 M	Tamalpais Track and	20'05.00"	___	_____
5	Travis McClintock	12 M	El Molino	21'01.50"	___	_____
6	Lucas Janetos	12 M	Tamalpais Track and	21'02.50"	___	_____
7	Kadeem Hemphill	12 M	Novato	21'04.00"	___	_____
8	Max Gibson	12 M	Novato	23'02.00"	___	_____

Event # 27 GIRLS Triple Jump**FINAL**

Flight 1

1	Raili Makela	9 F	Del Norte	24'07.50"	___	_____
2	Rachel Rowe	10 F	Del Norte	27'00.50"	___	_____
3	Megan Bruno	11 F	Eureka	27'04.50"	___	_____
4	Corina Gloor	12 F	McKinleyville	29'11.00"	___	_____
5	Jordan Babich	11 F	Del Norte	30'00.00"	___	_____
6	Jasmine Brown	11 F	Analy	30'01.50"	___	_____
7	Morgan Giraud	11 F	Petaluma	30'03.50"	___	_____
8	Nora Lindsay	10 F	Petaluma	30'05.50"	___	_____

Flight 2

1	Annie Gallo	9 F	Casa Grande	30'06.50"	___	_____
2	Kylie Johnson	9 F	Analy	30'08.00"	___	_____
3	Claire Bartlett	12 F	Santa Rosa	30'08.00"	___	_____
4	Millie Unti	11 F	Healdsburg	30'08.50"	___	_____
5	Luna Sakane	10 F	Ukiah	30'10.75"	___	_____
6	Alyssa Lang	12 F	Novato	31'09.75"	___	_____
7	Mayra Villa	12 F	Piner	31'10.00"	___	_____
8	Nell Mitchell	9 F	Tamalpais Track and	31'10.25"	___	_____

Flight 3

1	Eva King	12 F	Casa Grande	32'01.50"	___	_____
2	Paige VanDenburg	12 F	Maria Carrillo	32'11.00"	___	_____
3	Vanessa Clare	9 F	Redwood	33'00.00"	___	_____
4	Danielle Thompson	12 F	Novato	33'02.00"	___	_____
5	Meili Bartholome	12 F	Montgomery	33'06.50"	___	_____
6	Ellie Earle-Rouse	10 F	Arcata	33'09.50"	___	_____
7	Ariel Dunbar	10 F	San Marin	34'09.75"	___	_____
8	Lindsay Hendrickson	12 F	Redwood	35'05.50"	___	_____

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Event # 28 BOYS Triple Jump**FINAL**

Flight 1

1	Keith Fontano	11 M	Petaluma	37'04.00"	___	_____
2	Lance Eberly	11 M	Healdsburg	37'05.00"	___	_____
3	Josh Jorgensen	12 M	Fortuna	38'01.00"	___	_____
4	Jordan Brummell	12 M	McKinleyville	38'01.00"	___	_____
5	Glenn Duncan	11 M	Del Norte	38'04.50"	___	_____
6	Mazy MacOndray	10 M	Santa Rosa	38'07.00"	___	_____
7	Matt Downey	11 M	Sir Francis Drake	38'09.50"	___	_____
8	Max Floerke	12 M	Sonoma Valley	39'01.00"	___	_____

Flight 2

1	Jaleel Lawson	11 M	Casa Grande	39'02.00"	___	_____
2	Jacob Lane	12 M	Montgomery	39'04.50"	___	_____
3	Max Lukianchikov	10 M	Redwood	39'05.75"	___	_____
4	Jackson Cooney	12 M	Redwood	39'06.00"	___	_____
5	Ariel Boysen	10 M	Terra Linda	39'08.50"	___	_____
6	Aidan Kozel	11 M	Healdsburg	39'11.00"	___	_____
7	Lane Sotomayor	10 M	Fortuna	40'01.00"	___	_____
8	Chad Bell	11 M	Del Norte	40'07.00"	___	_____

Flight 3

1	Max Gibson	12 M	Novato	40'08.25"	___	_____
2	Ja'Narrick James	11 M	Analy	40'09.50"	___	_____
3	Lani Gaspar	11 M	El Molino	41'01.00"	___	_____
4	Bennie Trice	12 M	McKinleyville	41'02.50"	___	_____
5	Beau Brown	12 M	Ukiah	41'02.50"	___	_____
6	Joel Moens	12 M	Windsor	41'06.25"	___	_____
7	Kimo Karp	10 M	Tamalpais Track and	42'05.00"	___	_____
8	Juwan Morales	12 M	Rancho Cotate	42'10.50"	___	_____

Event # 29 GIRLS Discus Throw**FINAL**

Flight 1

1	Lilly Cetrangolo	11 F	Sonoma Valley	76'07.00"	___	_____
2	Clare Pierce	9 F	Petaluma	77'11.00"	___	_____
3	Michela Pearson	12 F	Healdsburg	78'06.00"	___	_____
4	Raili Makela	9 F	Del Norte	82'07.00"	___	_____
5	Mandy Flagler	11 F	Del Norte	83'09.00"	___	_____
6	Malae Tapulaaia	10 F	Eureka	88'02.00"	___	_____
7	Natalie Kennedy	12 F	Santa Rosa	90'10.00"	___	_____
8	Mickie Seuga	11 F	Eureka	92'00.00"	___	_____

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Event # 29 GIRLS Discus Throw continued...

Flight 2

1	Amanda Albini	12 F	Novato	92'00.00"	___	_____
2	Kira Standring	12 F	Del Norte	93'07.00"	___	_____
3	Tamara Frangoul	11 F	Redwood	95'11.00"	___	_____
4	Hallie Aanenson	9 F	Maria Carrillo	96'10.00"	___	_____
5	Jaime Cowen	11 F	Rancho Cotate	97'03.00"	___	_____
6	Millie Unti	11 F	Healdsburg	97'06.00"	___	_____
7	Hanah Rolf	12 F	Novato	99'00.00"	___	_____
8	Morgan Lynch	11 F	Maria Carrillo	99'00.00"	___	_____

Flight 3

1	Morgan Giraud	11 F	Petaluma	105'10.00"	___	_____
2	Clair Rutgers	10 F	Tamalpais Track and	107'07.00"	___	_____
3	Gracie Bruschi	11 F	Del Norte	112'00.00"	___	_____
4	Alison Scranton	11 F	Petaluma	113'11.00"	___	_____
5	Devlin Sevy	12 F	Marin Catholic	117'02.00"	___	_____
6	Allyson Milone	12 F	Ukiah	117'02.00"	___	_____
7	Sala Fitisenmanu	10 F	Ukiah	118'10.00"	___	_____
8	Shajana Steele	11 F	Novato	125'07.00"	___	_____

Event # 30 BOYS Discus Throw

FINAL

Flight 1

1	Saige Swan	10 M	Del Norte	106'10.00"	___	_____
2	Jacob Leblanc	11 M	Del Norte	108'05.50"	___	_____
3	Emmanuel Alcala	11 M	Healdsburg	111'09.00"	___	_____
4	Isaac Kibby	12 M	McKinleyville	111'11.00"	___	_____
5	Zachary Taylor	11 M	Del Norte	114'06.00"	___	_____
6	Alex Lindley	11 M	Fortuna	116'06.50"	___	_____
7	Austin Bailey	12 M	Sonoma Valley	117'02.00"	___	_____
8	Michael Rinn	12 M	Healdsburg	121'01.00"	___	_____

Flight 2

1	Haneef Foster	11 M	Redwood	122'06.50"	___	_____
2	Alex Schwartz	12 M	Analy	124'07.00"	___	_____
3	Julian Chelsey	10 M	Tamalpais Track and	127'02.00"	___	_____
4	Jonathan Frias	10 M	Justin Siena	128'09.00"	___	_____
5	Taylor Tappin	12 M	Windsor	135'00.00"	___	_____
6	Erik Borders	12 M	San Marin	135'04.50"	___	_____
7	Erik Kempf	12 M	Novato	138'02.00"	___	_____
8	Reed Salmon	10 M	Santa Rosa	138'04.00"	___	_____

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Event # 30 BOYS Discus Throw continued...

Flight 3

1	Josh Simmons	12 M	Fortuna	139'06.00"	___	_____
2	Greg Poteracke	11 M	Casa Grande	141'02.00"	___	_____
3	Travis McClintock	12 M	El Molino	142'04.00"	___	_____
4	Jimmy Arango	12 M	Piner	142'11.00"	___	_____
5	Matt Kitchen	12 M	Cardinal Newman	147'04.00"	___	_____
6	Kadeem Hemphill	12 M	Novato	152'09.00"	___	_____
7	Frankie Buegeleison	12 M	Santa Rosa	153'09.00"	___	_____
8	Caleb Lundquist	12 M	Casa Grande	158'04.00"	___	_____

Event # 31 GIRLS Shot Put

FINAL

Flight 1

1	Lilly Cetrangolo	11 F	Sonoma Valley	25'02.00"	___	_____
2	Kira Standing	12 F	Del Norte	26'09.00"	___	_____
3	Lauren Blake	12 F	Arcata	26'09.50"	___	_____
4	Malae Tapulaaia	10 F	Eureka	27'08.50"	___	_____
5	Maegan Lindsey	11 F	McKinleyville	27'09.00"	___	_____
6	Tina Moore	12 F	Justin Siena	28'02.50"	___	_____
7	Clare Pierce	9 F	Petaluma	28'06.00"	___	_____
8	Christine Gluch	12 F	Cardinal Newman	28'09.00"	___	_____

Flight 2

1	Morgan Giraud	11 F	Petaluma	28'09.00"	___	_____
2	Millie Unti	11 F	Healdsburg	30'00.00"	___	_____
3	Christen Silkey	11 F	Sonoma Valley	30'03.00"	___	_____
4	Natalie Kennedy	12 F	Santa Rosa	30'06.00"	___	_____
5	Amanda Lister	11 F	Casa Grande	30'10.50"	___	_____
6	Jaime Cowen	11 F	Rancho Cotate	31'06.50"	___	_____
7	Gracie Bruschi	11 F	Del Norte	32'00.75"	___	_____
8	Hanah Rolf	12 F	Novato	32'10.50"	___	_____

Flight 3

1	Devlin Sevy	12 F	Marin Catholic	33'01.50"	___	_____
2	Tamara Frangoul	11 F	Redwood	33'02.50"	___	_____
3	Mickie Seuga	11 F	Eureka	35'03.00"	___	_____
4	Alison Scranton	11 F	Petaluma	35'09.50"	___	_____
5	Sala Fitisenmanu	10 F	Ukiah	36'10.50"	___	_____
6	Clair Rutgers	10 F	Tamalpais Track and	37'02.50"	___	_____
7	Allyson Milone	12 F	Ukiah	38'07.00"	___	_____
8	Shajana Steele	11 F	Novato	39'07.50"	___	_____

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Event # 32 BOYS Shot Put				FINAL
Flight 1				
1	Derek Knowlton	11 M	Del Norte	33'08.00" _____
2	Isaac Kibby	12 M	McKinleyville	35'06.50" _____
3	Anthony Jackson	11 M	Del Norte	38'07.00" _____
4	Travis Plank	10 M	Petaluma	38'08.50" _____
5	Emmanuel Alcala	11 M	Healdsburg	38'10.50" _____
6	Saige Swan	10 M	Del Norte	39'03.00" _____
7	Marcus Kuok	11 M	Elsie Allen	39'06.00" _____
8	Charlie Fisiiahi	11 M	Elsie Allen	41'02.00" _____
Flight 2				
1	Andy Velasquez	12 M	Novato	41'06.00" _____
2	Conor Lindsay	11 M	San Marin	42'01.50" _____
3	Collin Quigley	11 M	Terra Linda	43'01.50" _____
4	Erik Kempf	12 M	Novato	43'07.00" _____
5	Alex Schwartz	12 M	Analy	43'08.50" _____
6	Josh Simmons	12 M	Fortuna	44'02.75" _____
7	Jimmy Arango	12 M	Piner	44'08.00" _____
8	Erik Borders	12 M	San Marin	45'01.00" _____
Flight 3				
1	Haneef Foster	11 M	Redwood	46'02.00" _____
2	Michael McClurg	11 M	Eureka	47'05.00" _____
3	Greg Poteracke	11 M	Casa Grande	49'01.50" _____
4	Jackson Herfeldt	12 M	Cardinal Newman	49'05.00" _____
5	Taylor Tappin	12 M	Windsor	50'00.00" _____
6	Adam Reeves	12 M	Windsor	51'05.00" _____
7	Caleb Lundquist	12 M	Casa Grande	51'05.50" _____
8	Cyrus Corman-Gill	12 M	Santa Rosa	51'08.00" _____